# Ouse on Board – Inland Waterways Helmsman's Course Syllabus

# Day 1

- Introductions and house keeping
- Personal Safety:
  - Lifejackets and cold shock
  - Avoidance of injury
  - o Risks to children
- Boat Safety:
  - o Fire Hazards
  - Watertight integrity
- Deckwork 1:
  - Throwing, coiling and tying ropes/lines

### Break

- Helmsmanship and Boat Handling 1:
  - Unberthing (setting off) demonstration
  - Steering in a river
  - Control of speed
  - o Berthing (mooring) demonstration

### Lunch

- Engine Checks
- Helmsmanship and Boat Handling 2:
  - Unberthing practical
  - Berthing practical
- Deckwork 2:
  - o Securing to bollards and rings
- Locks 1:
  - o Introduction to locks
  - Safety in locks

### Summary and Feedback of Day 1

### Day 2

- Recap of day 1 and plan for day 2:
  - Any questions arising over-night
  - o Any skills we need more practice with
- Locks 2:
  - Operation of locks practical

### Break

- Helmsmanship and Boat Handling 3:
  - Man overboard
  - Winding holes and using the bank
  - o Grounding

## Lunch

- Collision Avoidance and Environment:
  - o Rules of the river
  - National and Local rules
  - Avoiding damage to other craft and banks
  - Considerate boating
- Practical task
  - o To be completed with minimum input from instructor. Show us what you can do!

End of course. Feedback and next steps.